

# Will the Real Feng Shui Please Stand Up

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Do you remember the TV show Truth or Consequences? The show's host and panel interviewed a few people and in the end asked the real person (actor, author, etc.) to stand up. When I say Feng Shui – what words come to mind that describe what it is or how it works? If words or phrases like quantum physics, magnetic influences, sun or moon cycles, algorithms, or time/space continuum come to mind – then you're a purveyor of science and this article is for you. If you think of decorating, furniture placement, mirrors, crystals, and the like – then this article is for you too!

Feng Shui is about feeling safe and secure, whether it's used in the environment of the home, work, school, body, mind, community or otherwise. We have to unmask what is hindering us in our surroundings; on the flip side – what's untapped or present that needs a chance to blossom.

Rather than write a general article, I would like to share the experiences of someone you might know, Phil Holbrook. He is a member of Journeys of Wisdom and a good friend of John McMullin. I met Phil at an event in 2010, where our booths were side by side. Between visitors, Phil and I chatted, but he also observed conversations with people I'd worked with. As he had just signed a lease for his company, Countertop Sales, he decided Feng Shui would help with the new space.

Because his building hosts several occupants, I analyzed energy of the entire structure; then, specifically where Countertop Sales was located in that building (what energies we could influence, and which we couldn't.) If I could have placed them in one particular suite, that would have been ideal, but the lease was signed. Taking into account the geography, the building's energy and Phil and his staff in their new space, here were some of the conclusions:

1. There was a risk factor for theft in the North. North represents business success and consequences.
2. NE represents young staff and integrity. The energy here showed mental turmoil and money problems.
3. Phil's space is in the East and SE so those directions' influences are particularly strong. East showed young males and auto accidents. SE showed entanglement affecting finances and accounting, and loss of life.
4. NW also showed auto accidents.
5. The center (which affects everything) showed arguments and lawsuits.

Upon sharing risk factors with Phil, we discussed what to do about the energies. The plan of action included metal and moving metal remedies. In other forms of Feng Shui, people call these "fixes"; but the reality is we don't fix energy – we influence it (it's a journey, a collaboration). Rather than my summarizing what happened, with Phil's permission, I've included his experience in his own words:

Diana Garber, of Intuitive Concepts, analyzed my company's new location last summer when we were moving in. The energy showed theft, auto accidents and death. Business was already suffering and staff issues were also a problem. The move and business concerns overshadowed Feng Shui, so I didn't get around to implementing remedies. Everything Diana said came true, even down to identifying which staff members would cause problems. An employee embezzled \$50,000 and wrecked the company truck. When I filed legal charges, he took his life.

One of the things I did implement (as she instructed) was changing our bidding process. As a result, bids were accepted more readily, which led to more business. We're so busy now I'm hiring more people. Anyway, after things started to settle, I called Diana and asked that we revisit the Feng Shui analysis. She came over and we reviewed everything.

I feel more supported and have a renewed excitement. So, if I may share a couple lessons from this: 1) Have a Feng Shui analysis done before committing to a site. Do what is necessary before, or (at a minimum) during the move-in process. If, like in my case, you've already signed the lease, then the next point is crucial. 2) Don't put off until tomorrow what you can do today – especially when it comes to Feng Shui. As was in my case, I was so entrenched in trying to deal with circumstances, I felt I couldn't do any more. It's a catch 22 – either there's so much going on that you feel you can't do more, or the money doesn't support getting an analysis; but changing the energy will make a difference. Chicken or the egg dilemma? Take it from me, Feng Shui should be at the top of your to-do list. It sets the tone for everything else. It is a strategy/master-planning tool! Don't put it off. Feng Shui makes life easier and business more successful.

Diana is now working on our home, and it's amazing how on target the analysis is there too. Family health issues, relationship dynamics, drains on motivation – it's all there. Things we were putting off or didn't get finished, we're now enthused about – and knowing our Feng Shui action plan gives us confidence in our choices. Phillip Holbrook

So when Phil and I met to implement remedies, his number one priority was the East. Its earth (people) number is nine (fire) and water (money) number five (earth). If you're familiar with the five elements (fire, earth, metal, water, and wood), fire and earth usually work together; however, in this case it is not a good combination. Phil's space needed water and moving metal to tackle this tricky energy. Water is ideally a water feature but can also be colors (blue or black) or objects such as water or crystal. In this case, a water feature is best.

Now for some, you might be thinking, 'hang a crystal,' a popular "fix" in other types of Feng Shui. The purpose of a crystal is to refract and disburse light; therefore, if there's good energy – it sends it out. If there's negative energy – it sends that out too. While I believe in crystals for other types of energy work, I don't recommend their use in Feng Shui for the reasons above.

Being the Feng Shui Results Lady©, I'm particular when having work done (especially on my house). My husband and I hired Counter Top Sales for new kitchen countertops. Following our Feng Shui plan, I had something in particular in mind. I'm thrilled with the results. Everyone noticed the shift of energy and compliments Phil's work. Feng Shui is about flow – "flow out" being balanced by "flow in"; so in helping Phil I've been helped – an exchange of energy.

Feng Shui is about feeling safe and secure, whether it's used in the environment of the home, work, school, body, mind, community, or otherwise. We have to unmask what is hindering us in our surroundings; on the flip side – what's untapped or present that needs a chance to blossom. This is called "risk management." When we have facts, we make educated decisions, that's why we coined the phrase manage your environment consciously or unconsciously it manages you©. When we manage it, then the law of attraction attracts more of what WE choose.

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